



## 2009 WISH LIST

### Impact 100 ~ Pensacola Bay Area

#### BOOKS:

Copies of the book, "The 36-Hour Day". This book is THE book used by Alzheimer's caregivers. The book is a reference for family members on how to cope with certain behaviors and communicating with the Alzheimer's patient. Copies are \$14/each. We distribute approximately 300 copies/year.

#### PROJECT LIFESAVER (TRANSMITTERS) SAFETY DEVICES & SERVICE:

Project Lifesaver is a transmitting device worn by wandering Alzheimer's patients. AFS is the only host agency for this program in NWFL and works with local law enforcement to quickly and safely return "lost" patients to their home. Gifts to support this program can range from \$50 (1 month of service); \$300 (one transmitter); \$600 (1 year of service); and \$900 (1 transmitter and 1 year of service).

#### OFFICE SUPPLIES:

- Two (2) locking 4 or 5 drawer filing cabinets are needed to secure client and volunteer records (\$189 per cabinet)
- 11 x 17 paper and Avery 5160 labels needed to help cover the cost of producing our monthly caregiver newsletter, *The Caring Times*. (\$43.99 per case of paper & \$30.50 per box of 3000 labels)
- 8 1/2 x 11 paper to help cover the cost of producing our monthly support group brochures (case of paper \$51.29)
- Microsoft Office 2007 (software) and Computer Screen (flat screen- any size) are needed for completion of our volunteer work area. (\$289.99 for software & \$150 for computer screen)
- Laptop Computer for trainings and presentations in the community (\$600-\$800)

#### SINEAGE:

AFS is in dire need of a new sign. The current wood one we have is weather worn and hard to read. (Drive by and check it out yourself! AFS is located at: 1901 N. Palafox St – little brown brick house next to Covenant Hospice.) Would like a sign that illuminates at night, but not necessary (\$1,100).

#### RESPIRE CARE :

Being a caregiver for a loved one who has dementia is a full time job. In order for caregivers to avoid caregiver burn-out it is essential that they have time to take care of their own needs. When supporting the respite fund a trained, licensed, and bonded agency personal will come to the caregivers home and stay with the loved one so that the caregiver can have time to visit a support group, go to their own doctor's appointments or seeking a religious outlet. (\$64.00 gives a caregiver one 4-hour block of respite; \$250 gives one family a 4- hour block of time once a week for 4 weeks.)

#### VOLUNTEERS:

Volunteers are needed to help answer phones, file paperwork, enter data into computers, speak at speaking engagements, and for events (Mozart & Margarita's; Memory Golf Tournament and Walk A Mile for Alzheimer's). Volunteers can spend as little or as much time as preferred. Training provided!

*Visit and/or purchase items from our wish list on-line at:* <http://www.amazon.com/wishlist/CLBIoIP33DJ>  
**OR**

*Contact our office at:*

(850) 478-7790

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